ZEBRA

Table of Contents	
Bird Nest	3
Symptom	4
Hoofbeats	5
Diagnosis	6
Ghost	8
Cancer (constellation)	9
En route to the Rogel Cancer Center	10
Impressions	11
Battle	12
Flushing	13
Origin Story	14
Surgery	15
Nirvana	16
Dreams, Post-diagnosis	19
Three Years	20
This Sickness	21

# **Bird Nest**

there's a bird nest in my living room i noticed it this morning in the lampshade across from the frosted window close to the floor, but not quite

it is made up of orange string from the knitted pillows and black dog hair from the rug, chipped paint and yellowed sheet music from old carols

it looks close to bursting some light is seeping through the cracks and gaps and holes searching for nearby spots to metastasize

there's only one egg now, but i feel a second one coming

### Symptom

I think it was in math Junior year in January In that poorly insulated room Dave Matthews Band on the wall Where I first took off my jacket And rolled up my sleeves Fought the urge to kick off my shoes But did tie up my hair I felt like a tea light Burning on a pile of snow Column sinking into the bank A strange, persistent flame "Are you okay?" The girl sitting across from me "Your face is really red," I left the classroom Walked down the hallway Turned right into the bathroom No red splotches Or patches or spots My entire face the same shade A sickly scarlet Wrapped a scarf around my neck too A fever hanging on me Like a costume made of carpet I remember wanting to escape My body but my heartbeat Was steady I crushed The brown sheets of paper Under the slow stream Let them drip down my back Walked back to class Thought I left the heat behind me

# Hoofbeats

When you hear hoofbeats, think of horses, *not zebras* — a medical proverb from the 40s. Look for what's right in front of you. The solid colors, not the stripes. The five mis diagnoses, the doctor who'll do the biopsy to prove the seventeenyear-old girl is out of her mind. She's anxious, she's sad, maybe a nice boy broke her heart. He'll harness the horse, he'll get the foolish girl out of his office. I wish they would have let me stay awake as he cut into my liver. I wish I could have placed my hand on his as he Held my tumor up to the light.

### Diagnosis

The day the gastroenterologist asked me How did you get here was my first time in that room in that hospital in that city I told him I wasn't feeling good he stared and asked What were you feeling exactly I tried to put it in words I felt warm too warm I felt like the sun was worming its way out of me and it came out like Hot flashes and diarrhea he said I see I wondered if he was lying he asked me How often I didn't say Enough for people to notice and tell me I look sick instead I said Every other day were the flashes three times a day for the other he smiled at me and said It's amazing how fast we found it I wish sarcasm was allowed in hospitals it's all so serious I wanted to remind him how he did not hear me when the roots sunk deep how he only listened when they came up for air but I smiled back and said Yes I'm so lucky he looked at my mom and told me You'll have a pet scan on Friday and continued to talk about tests and tumors without ever saying the c-word when we left his room and stopped in front of checkout aisle d I asked my mom Is there cancer inside me and heard

the secretary inhale

## Ghost

we are outside the sick are omniscient of our story i watch my mothers eyes in the mirror when the strange man in a white coat tells her something inside of daughter is trying to kill her i stare her from the window outside my grandmother's house as my mother asks her to hold her but consoles her shaking body instead i wake up in the morning with my mother standing outside her daughters room contemplating her dying in her twin bed knowing there is nothing she can do i stand behind her as she makes binders of net cancer information and doctor appointments and big bird hospital stickers out of her grief i eulogies she writes on purse napkins read the while she waits for her daughter in the radiation i monitor her dreams of lobby autumn funerals bouquets of white lilies and tumors buried in the ground i wish she knew i was infinite

## Cancer (constellation)

carcinoid light up tumors like stars orbiting organs burning in my liver the heat of metastasis reaches the sky the stars still visible i used to reach bodies for those celestial hormones spill from the clouds energy releases serotonin and gastrin heat light i remember the night my neighbor told and me the stars are the dead watching us facial flushing the fusion of hydrogen into helium episodes of warmth find refuge in the skies of fire blood vessels dilate the masses explode and break down the body stars so far away the time they are found if dead by we can see them shine it must be too late in the machine i shut my eyes until i see my ruby sky hard malignancy its own wonder who gave constellation

### En route to the Rogel Cancer Center

i start to feel nauseous when there are twenty minutes left that's when my mom turns on the AC and turns down joni mitchell and starts talking about something to keep me there with her sometimes she rants about the tragedy of rory gilmore or other times she tells me about henri matisse and his big scissors while i start dreaming of cold showers and the luxury of freezing to death i could never manage long car rides the first enemy in my life was motion sickness sometimes i think it's worse than the cancer i keep spinning and spinning waiting to land on some planet which is when my mom starts planning our trip to outer space no one else would go with us but the two of us would like it up there it would be nice to look at something impossible instead of feeling it my mom is the worst driver in the world maybe it's not a good tactic for her to distract me because we always end up missing the first exit which means more time for nausea to rot in my stomach road closures will be the end of me forget the disease it's my inner ear that will kill me first the tumors are gonna be pissed i start to take off my shoes it's too hot in here my mom says she will speed up then she speeds up so i close my eyes until we get to the parking structure i open the car door when we are still moving but my mom doesn't yell at me shouting at someone in front of the cancer center would only be funny after the fact i can feel the nausea peel away from my skin it's nice to feel alive again i think before seeing my oncologist but first we have to figure out this stupid elevator with the floors re arranged so floor one is floor two and my mom presses the wrong button every goddamn time the nausea starts to zip me up again until the doors slide open to the correct waiting room i take a deep breath and walk over to the counter pass by the elderly patients who look at me funny yes i am also dying or maybe it's the pink hair either way i wish they would all leave me alone my mom reads me each question i have to answer am i pregnant am i depressed am i concerned am i a drug addict am i a spouse am i alive they are ready for me and i follow my mom back behind the hall and wish i could leave everything behind

# Impressions

Dominant DOTATATE-avid heterogeneo	<i>I</i> decided to write my own eulogy
Low attenuation mass in the left	Of the moments I wanted to remem
Hepatic lobe is compatible with	The crooked dimples of my sibling
Known metastatic neuroendocrine	Sound of their squeaky laughter
Tumor	How I feel my grandfather standing n
Small adjacent DOTATATE-avid satellite	Me when I face the edge of the water
Lesion closely adjacent to the	Sepia image of my mother reading
Dominant mass	Under the yellow kitchen light
DOTATATE-avid gastrohepatic	Watching midnight snowfalls
Lymph node is compatible with	The morning I watched my dad try
<i>Nodal metastatic disease</i> Save the life of our pet fish in the half-bath	
Foci of DOTATATE-avidity in the	Portrait of the naked lady in my kitche
Region of the pancreatic head	Taught me to love myself
Is suggestive of	When our eyes met in the rearview
The primary tumor site	Mirror and I realized I loved her

I wanted to remember es of my sibling ueaky laughter ndfather standing next to edge of the water mother reading itchen light snowfalls watched my dad try to ish in the half-bathroom d lady in my kitchen myself et in the rearview

11

### Battle

is / cancer / a / war my / thoughts / are / staggered too / much / time / in / the / hospital do doctors / realize / what words they / use / to / describe / disease

invade / occupy / conquer no / one / ever / explains / to / me how / cells / mu / tate / what / is the / role / of my / D / N / A

it is / always / an / old man who / sits / across from / me and / tells / my / parents / how i am / being / captured / seized taken / over

the / war / was / declared / when my / cells / received / instructions / to multiply / army crawl / in / to / my blood / stream

it / takes / two / to / fight / a / war is it / a / true / battle / if / i am unaware / of / my / body / being over / whelmed / over / run

flags / stuck / in / my / liver / and pancreas / and / lymph / nodes

cells / pile / like / dead / bodies and / form / tumors

my / un / conscious / surrender

# Flushing

When the heat came to visit me I would surrender to its waves Swallow the stream of serotonin Let myself float away in its flush Drown in a bridal-pink blush The peaceful suffocation Of drifting just beneath the surface Watching the hormones ripple above Asking the tides for my survival This ocean has always been red Melting in the heat of my bloodstream Liver completely submerged Treasure chest of precious tumors Sinking to the bottom of me Lymph nodes wrapped around like seaweed Pancreas reflects the sunbeams Algae grow on the organs As I sink, sink, sink

# **Origin Story**

Red crystals and orange jewels wrapped in silver wire hang from the low branches of the maple tree in my backyard. My mother wove them into the tree sometime before we moved into this house, before I was born. I can picture my mother underneath the tree, belly swollen with me, crystals shining in her pockets. I wonder if she could feel fire-colored stars blazing inside of me. Brilliant orbs pumping poison, a constellation of tumors already burning, a galaxy of malignancy. It is easier if I believe it was always part of me.

## Surgery

Translucent figure. Naked skeleton. Closed curtains. Countdown. Four needles sink deep. Eyes shut. Fingers uncurl. Halo. Goodbye, mom. Start at the chest. Take a deep breath. Muscles stretch. Sacred heart. Vital parts. Guarded soul. Slight sting. Rubber core. Scaled breasts. Red wings. Eyelids flutter. Oxygen check. Wait. Continue. Burn synchronizes with the song. Infantile hallucinations. Cancer caught. Left lobe. Lymph nodes. Pancreas. Cradled eggs. Hollow nest. Sewn shut. Floating away. Insides adjust. Palms open. White ceiling. Dry breeze. Conscious dreaming. One window. Six trees. Cracked hands. Starch sheets. First wave. Second wave. Third. Asleep. To endings. Comfortable sadness. Heart rate monitors. Closed doors. Pain scale. Dried tears. Soft knocking. Six. Exhalation.

### Nirvana

### I.

i never heard my father cry he did not burn with me or my mother he continued to go to work when i set our house on fire and he walked straight to his room when he came back home footprints in the ash i wanted him to hold my hand i wanted him to make it go away like how he used to do when i skid my knee or twisted my ankle or fell off my bike my father used to be everything but once the diagnosis was confirmed he started closing the door and playing music i could not enter any part of him i wanted him to turn it down or off or keep it on and shout over the lyrics that he loved me it's not fair that he shut down when my body did

### II.

i spent six nights in the hospital after surgery with no control over my body it needed help with everything i couldnt breathe on my own or stay conscious i would wake up for seconds at a time to see my father to the left of me with his head phones on and eyes closed and wished he would look at me just once my mother was there too she was always cry ing one time i woke up and they were both gone it was just me and those headphones still playing music i closed my eyes and begged my body to give me one moment awake and listened to nirvana escape into the room *frances* farmer will have her revenge on seattle was the same song he had been playing since june and in that hospital room it sounded like every thing he did not

say to me

### Dreams, Post-diagnosis

I dream of cutting out my organs. I dream of becoming a tree. I dream of plunging my hand down my throat and pulling the tumors out one by one. I dream of my father playing the drums his lip curled. I dream of the four needles floating in my bloodstream. I dream of muscle spasms and hernias dropping like apples. I dream of my dreams on rainy days. In the morning I dream of my doctor's blank faces staring at me in my bathroom mirror. At night I dream of their words. There is *little research on this* disease. I dreamed of the past tense. I dreamed I made mistakes. That God placed the tumors in me with soft touches. I heard her wishing me dead. I dreamed with the disease under my pillow caressing cheek. my When I dreamed I felt cancer watching me. I dreamed of violent metastasis. Of giving birth to tumors. I hovered over my body when I dreamed. I watched cancer make me its treasure map. I felt the X on my liver. I never want to dream in a red coffin. Let me dream next to my grandparents. I will sleep next to them in the ground.

# **Three Years**

three years cancer free body still adjust ing left my mind in that room watching the trees healthy but no one will look at me kids dont get sick when the tumors leave they forget how my body tried to kill me i call my dad every morning wait for his voice to reach me sometimes he is still asleep so i place my hands on my liv er and listen for my heartbeat wonder if organs feel grief how do i take care of me craters of resentment empty he responds to my call with a text mes sage says to me you are paying emot ional bills the price of malignancy

### **This Sickness**

what part of me is this sickness is it all of me or just the part of me that is this sickness in the morning i feel this sickness blooming in my stomach like bouquets of tumors sprouting and growing faced toward my lungs and breathing in their air

like sun rays is this sickness photosynthesizing my blood to make its food to make it strong to turn me green but instead of making oxygen this sickness makes byproducts of bile and poisoned blood and broken hearts i'm sorry mom

i don't like how this sickness wears
my face and turns others to stone
when they look into my eyes this
sickness is contagious it enters
rooms before i do to let people know
that this sickness is coming and they
can avoid it if they smile and tell me
how healthy i look they don't know

how this sickness spreads like spilled milk seeping and sinking underneath my skin expiring with my body's chemicals this sickness starts syndromes and symptoms that fold into myself like flowers welting with stems shivering and petals falling this sickness will kill me this sickness will not this sickness loves me this sickness loves me not this sickness is hiding it is playing my favorite childhood game waiting for the shock of being discovered of being found and this sickness has stopped counting so all i can do is hold my breath and

wait